We'll make it through, together

Initiative between



Leinster Leader

Kildare*Now*

The Youth Media Awards is a competition which encourages discussion of substance related issues by inviting young people to produce a piece of original content relating to

Students are asked to submit an entry under one of the following activities; (multiple entries are allowed, from either individuals, pairs or group entries, please ensure to practice social distancing if working in pairs or groups).

Eligibility Criteria: Secondary Senior **Cycle students** (15-18yrs) attending school or living

> Closing nate 8th of May

in Kildare. West Wicklow. Research and write a website review of one of the following web links, focusing on how young people can use these sites for information and support (200/250 words):

drug, alcohol, and associated issues.

www.cannabisandvou.ie www.spunout.ie www.yourmentalhealth.ie

Design a poster or online advert that highlights some practical activities that can promote resilience in young people during this time of social distancing, referencing techniques and strategies from the following websites.

www.gov.ie/together

https://www2.hse.ie/mental-health/

Competition Entry Guidelines:

Submit entries by email to info@ahacampaign.ie or Whatsapp Images to 087 921 7970 with Name: Age: School and/or Town and preferred contact details.

Winning Entries will be published on www.swrdatf.ie and in either the Leinster Leader or Kildare Now, as well as receiving €50 One for All Voucher











#together